

# Southern Living®

MARCH 2010

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**ALABAMA**  
PEOPLE &  
PLACES

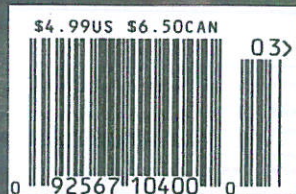
## Charleston's Romantic Charm

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# Five Best Breakfasts in Alabama

Start the day at one of the state's best bets for a filling morning meal.

BY AMY BICKERS

**I**t's worth waking up early in Alabama where the breakfast choices come hearty and heaping. Travel from one end of the state to the other—from Mobile on up to Florence—for rich, cheesy grits; salty slabs of bacon; biscuits slathered with sausage gravy; and the best coffee in the South to wash it all down. Here are our favorites along the way—new places, old places, and a few surprises.

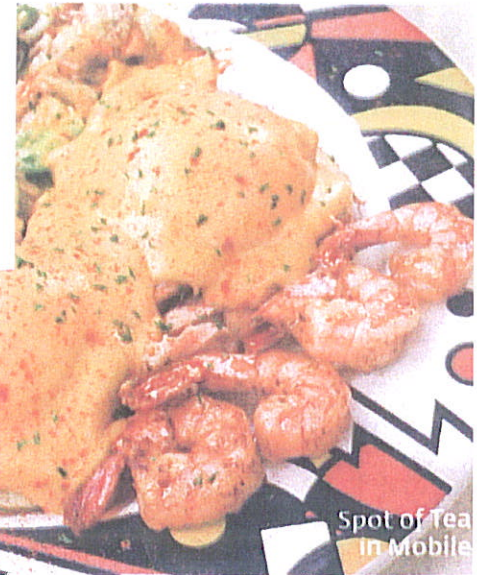
## Country Boys Family Restaurant Florence

On Saturdays, this longtime Florence breakfast spot features fluffy, made-from-scratch biscuits with a side order of homemade chocolate gravy (\$1.79). Other days, enjoy plate-size pancakes crowned with fresh fruit toppings and accompanied by slices of locally smoked country ham (\$8).

3609 Cloverdale Road; 256-760-1981

## Spot of Tea Mobile

Tony Moore's place just across from Cathedral Square seated 24 back in 1994. Now, the expanded restaurant holds up to 400 guests and a grand player piano. For morning decadence, try the English Delight Eggs Benedict (two muffins topped with honey ham, poached eggs, and homemade hollandaise sauce, \$9.95) or Bananas Foster French Toast (\$9.95). 310 Dauphin Street; [spotoftea.net](http://spotoftea.net) or 251-433-9009



Spot of Tea  
in Mobile

## Another Broken Egg Café Birmingham

Another Broken Egg Café is tucked into Mountain Brook Village just south of the city. Sibling owners Miller and Ashley Phillips brought experience from their parents' Destin, Florida, restaurant when they opened the eatery last fall. The café is a strong link in a regional chain known for the Southern Crab Stack (\$13.99), a seasoned grits cake topped with a lump crab cake, and Biscuit Beignets (\$4.49) served with honey-marmalade dipping sauce. As the weather warms, head to the patio. 2418 Montevallo Road; [anotherbrokeneegg.com](http://anotherbrokeneegg.com) or 205-871-7849 (TURN THE PAGE)

Another  
Broken  
Egg Café in  
Birmingham

